

SHELLEY GAUTIER PARALYMPIC MEDALIST

Only Canadian Cyclist to achieve a Perfect Season

Canada's Most Decorated Cyclist

CANADIAN WORLD CHAMPION PARA-CYCLIST

In 2001 Shelley Gautier, practicing physiotherapist, raced mountain bikes competitively. Holidaying in Vermont she crashed her bike, crushing her helmet and sustaining a severe head injury. She spent 6 weeks in a coma, followed by 8 months in a Toronto rehab hospital, learning to walk and talk again. The resulting hemiplegia (one sided paralysis) affects the right side of her body.



Her recovery and rehabilitation were arduous. She persevered and now lives an independent life. Shelley knew well the importance of keeping physically active.

A competitive spirit and dogged determination continues to be her driving force leading her down the road

to the Tokyo Paralympics in 2020 and a medal win! Together with her strong team to help train and support her, she will,
TURN PASSION INTO ACTION!

Personal Accomplishments

- Physiotherapist, Western University BA(HPE), Toronto University BSc (PT)
- Competitive mountain bike racer
- 2002-Disabled Sailing - from recreational to dominant competitor
- 2003-2005 Commodore Disabled Sailing Club of Toronto ON

Cycling Achievements

- Won more World Championships than any other Canadian Cyclist, both as a para or able bodied athlete in all cycling events
 - The only T-1 Para Cyclist (male or female) from any country in the world to medal at any Paralympic Games
 - 2018 Pedal Magazine Best Para-Cycling Cyclist (Male or Female)
 - 2018 Cycling Canada "Perfect Season Award"
 - 2018 UCI "Triker 1 Award"
 - 2011-2018 Fourteen World Championship Gold Medals
 - 2016 Bronze Medalist for the 2016 Paralympics in Rio de Janeiro, Brazil
 - 2015 Awarded the Sports Niagara Para Athlete of the Year Para Cycling
 - 2015 Inducted into the Inaugural Toronto Sports Hall of Honour
 - 2015 University of Toronto, Physical Therapy and Occupational Therapy Alumni Association Above & Beyond Award
 - 2015 Silver Medalists for the Parapan Am Games
 - 2015 Torch Bearer for Parapan Am Games
 - 2015 Finalist for Laureus, "Athlete of the Year with a Disability Award" Only Canadian finalist. Attended in Shanghai, China
 - 2014 Voted Best Para Cycling Cyclist (male or female) of the year by Pedal Magazine
 - 2014 and 2015 Ontario Cycling Association Road Female Athlete of the Year
 - 2012 Competed in Paralympics London, England
 - 2011 Silver Parapan American Games Guadalajara Mexico
 - 2009 First female T-1 rider on the Canadian Para-Cycling Team
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